

HUBBARD COMMUNICATIONS OFFICE  
Saint Hill Manor, East Grinstead, Sussex

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HCO SECS.  
D OF P's.

A Useful Process.

On your HGC process you have many who cannot seem to plumb an overt/  
motivator sequence. On any such and many more, you will find the following  
process works admirably:

"Recall being critical."

"Recall withholding criticism."

If the pc tends to become ill push on through. This is the lowest  
level of force and influences body form. Try it and tell me how it goes.

L. RON HUBBARD

LRH:js.mek  
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